



CAMPISPA

Massage

B1 Classic anti-stress Massage

Reduces stress and relieves muscle tension, promoting general relaxation of the body and mind. Improving overall well-being.

60 Min.

CHF 120.00

B2 Sports Massage

Improves physical performance and promotes recovery after effort. Helps reduce muscle tension, improves flexibility and speeds up recovery after injury.

60 Min.

CHF 120.00

B3 Lymphodrainage

Delicate and specific massage technique aims to favor the drainage of excess fluid from the body. It is used to reduce bloating, improve circulation, stimulate the immune system and promote general well-being.

60 Min.

CHF 130.00

B4 Hot Stone

This massage technique involves the use of smooth and heated stones of volcanic origin that have the great ability to: relieve stress and anxiety, relieve muscle tension, increase blood circulation, relieve chronic pain and promote overall well-being.

60 Min.

CHF 130.00

B5 Ortho-Bionomy® massage

Ortho-Bionomy® is a gentle approach that stimulates the body's natural capacity for self-correction to regain its balance. Through attentive listening to the patient's body, the practitioner in Ortho-Bionomy® accompanies the different parts of the body into comfortable positions so that its self-correction reflexes are activated. It is a form of homeopathy on the body.

60 Min.

CHF 120.00

B6 Therapeutic relaxation Massage

This massage combines elements of classic massage and techniques to promote relaxation. This massage also stimulates blood circulation, relieves muscular tension and reduces stress.

90 Min.

CHF 150.00

B7 Exfoliating Massage Therapy

Exfoliation removes dead skin cells from the skin, while gentle massage relieves tension and stimulates circulation. This combination ensures supple skin and promotes general well-being.

40 Min. (back)

CHF 100.00

B8 Dien Chan - Facial reflex Massage

Facial reflexology is a gentle technique that stimulates specific reflex zones on the face. It promotes blood circulation, relaxes the muscles and can help to improve the appearance of the skin.

40 Min.

CHF 100.00

PLEASE NOTE

Prices per person, appointments subject to availability, bookings directly at front desk at least 1 day in advance by 5 p.m.
Free cancellation up to 12 hours before.

The cost of the massage can be covered by supplementary health insurance.
For further information, please contact the massage therapist.

In case of heart or diabetic problems, please inform the massage therapist.